

“He came and took her by the hand and lifted her up.”

Mark 1:31a

Welcome and announcements

Trinity is Welcoming, Open, Inclusive and Accessible.

– Trinity is an Affirming Congregation

We continue to pray for those who were impacted by the legacy of Residential Schools.

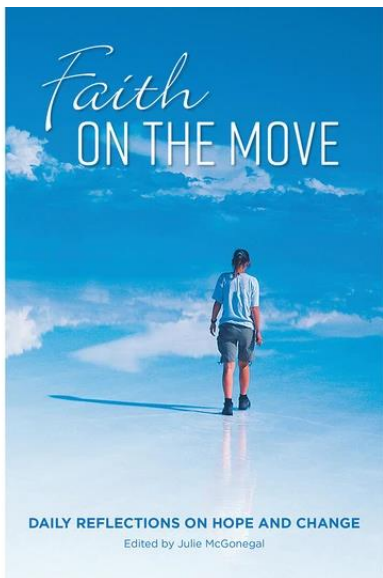
Our building is open 9:00 am to 1:00 pm, Monday through Thursday (Stat holidays on Mondays, the office is closed).

In person Sunday School is the 2nd and last Sunday of each month.

Smiths Falls Community Food Bank appreciates donations.

Please join us for Social Time After Church – If you wish to volunteer to help with Social time, the sign-up sheet is on the bulletin board. Individuals or groups are invited to sign-up.

The first week of February marks the beginning of **Black History (or African Heritage) Month**. Officially recognized in Canada since 1996, this is a time to honour the contributions and struggles of peoples of African descent.



The Spiritual Leadership Team is sponsoring a Lenten Devotional beginning 14 February, Ash Wednesday, Discussion based on the book - Faith on the Move: Daily Reflections on Hope and Change. If you would like to participate and do not already have the book, please let Andrea know - 613 283-4444

United Church Women – Monday, February 5th – gather at 9:30 a.m. and meeting starts at 10 a.m.

Van Horne Service and UCW Visit – Tuesday, February 6th at 2 p.m. and UCW stays after to visit with our UCW friends.

Rainbow 101 – Saturday, February 10th from 1 p.m. to 4 p.m. We will be going bowling this month. Meet at the Spare Room Bowling Alley @ 1:00pm in Perth

Early Communion – Sunday, February 11th at 8:30 a.m. in the Upper Room.

Potluck and Praise – Tuesday, February 13th at 6 p.m. This month we are having our potluck and praise a week earlier in celebration of “Shrove Tuesday”. Come and enjoy an evening of food, fellowship and worship.

Big Brothers, Big Sisters 44th Annual Bowl For Kids’ Sake – Saturday, February 24th. We would like to put together a team for this year’s event. Please speak to Christopher following the service, if you are interested in participating.

**Anti-Bullying (Pink Shirt Day) – Wednesday,
February 28th**

Wear pink to support anti-bullying in Canada. The pink shirt symbolizes a stance against bullying.

Introit: VU 348 "O Love, How Deep" (vs. 1,7)

Acknowledging Traditional Territory:

Smiths Falls is located on the traditional territory of the Algonquin peoples dating back countless generations. We are grateful for our neighbours and recognize the opportunity to exercise the Ministry of reconciliation.

Call to Worship

Opening Prayer

Hymn: VU 256 "O God Beyond All Praising"

Prayer of Confession:

Creator God, Source of love and mercy,

We confess to you our preoccupations.

Sometimes we overlook those we love.

Sometimes we think we are busy.

We avoid important commitments.

We make ourselves busy and neglect you.

Forgive us.

**Calm our minds and hearts so we can set
priorities that honour others and you.**

Assurance of Pardon

The Peace

Scripture: Isaiah 40:21-31
Psalm 147:1-11 (VU869 Part 1)
Mark 1:29-39

Meditation: “Chelsea Bridge” (Strayhorn)

Reflection

Hymn: VU570 "Jesus' Hands Were Kind Hands"

Offertory:

Invitation to the Offering

Offering Prayer

Offering Options

- On the table by the entrance to Church Hall
- E-transfers to secretary@trinityunitedsf.ca
- Delivery to church office
- Through Trinity website DONATE button
- PAR

[African Heritage Month Vinette](#)



Hymn: VU33 "Watch and Pray"

Prayers of the People

The Lord's Prayer Sung - (VU 960)

EOORC Prayer Cycle Prescott - St. Paul's Pastoral
Charge
St. Paul's United Church

Ecumenical Prayer Cycle Andorra, Italy, Malta,
Portugal, San Marino, Spain,
Vatican City

Hospitality, Diversity, Justice do not end with words. They call us to awareness and respect. There are a variety of Faith Traditions represented in our world and community. Each celebrates and worships in their own ways and seasons. Over the course of the coming year, we will keep you informed of these different religions, beliefs and celebrations, so we may contribute to a broader culture of awareness, respect and support.

February Faith Celebrations

We Depart to Serve in Peace and with Love

Time for the Young

Hymn: VU 313 "God, Whose Almighty Word"

Benediction:

Choral Amen

Postlude: MV 154 "Deep in Our Hearts"

Every Monday, 11:00am	Chair Exercise (Currently cancelled until further notice)
Every Monday, 1:00pm	Book Group
First Monday, 9:30am	UCW
Fourth Monday, 9:30am (possible rebooking from time to time)	Property Team / Church Hall
Last Monday, 7:00 p.m.	Book Club
Every Tuesday, All Day	Pastoral Visitation
First Tuesday, 2:00pm	Van Horne Retirement Residence
First Tuesday, 7:00pm	Outreach and Social Justice
Third Tuesday, 9:30am	Stewardship & Finance Team / Upper Room
Third Tuesday, 6:00pm	Potluck and Praise
Every Wednesday, 9:30am	Bible Study / Seasonal Study
First Wednesday, 12:30pm	Healing Pathway
Second Wednesday, 7:00pm	Spiritual Leadership Meeting
Second Wednesday, 1:30 p.m.	Christian Community Meeting
Third Wednesday, 12:30pm	Healing Pathway
Last Wednesday, 7:00pm	Council
Second Saturday, 1:00pm	Rainbow 101
Every Sunday, 8:30am (Except Second Sunday)	Choir Practice
Second Sunday, 9:00am	Choir Practice
Second Sunday, 8:30am	Early Communion
Second and Last Sunday, 10:30am	Sunday School
Last Sunday, 1:00pm	Lanark Drum Circle