

# The Communicator!

A Publication of Trinity United Church  
Smiths Falls, Ontario  
March 2016



## **LENT AND EASTER GREETINGS FROM REV ARLYCE SCHIEBOUT**

I have the date marked on my calendar—Feb 22<sup>nd</sup>. Yes, that is the day. The day that I heard a robin chirping and then saw it land on a branch by the bird feeder. Along with chickadees, nuthatches, woodpeckers and cardinals, was the bird described as the harbinger of spring. The day was sunny, crisp with hardly a breeze. I would like to have watched the birds for a longer time, but other tasks were calling. The robin's appearance is part of the rhythm of the seasons and the commitment of the Creator for the ongoing life of that created and being created.

The Lenten period occurs in North America in our winter time. This year Lent began early in February and will end on the last Sunday of March. The Lenten focus is on Jesus' journey to Jerusalem at the close of his earthly ministry. We lift up Jesus' healing of the lame in body and mind, freeing those oppressed by society's values, bringing sight to those blinded by greed and power, bringing the good news to those living in poverty of spirit and necessities of life. The faith-filled seek to find themselves in the stories of Jesus' ministry.

During my seminary days, I participated in a cross-cultural study course to Mexico. We flew from the depths of winter in February to heat and smog of Mexico City, landing on Ash Wednesday. We saw colourful remnants of Fat Tuesday (Mardi Gras) and then were bombarded by observation and study of poverty and prosperity, need and

abundance, change and status quo, opulence and oppression. Each seminarian received a terra cotta cross and small paten and bread loaf to take back so that we could be reminded that our actions of affluence and self-centeredness were not life-giving to God's people in developing countries. In fact, North American desire for cheap consumer products meant that those products were being produced in factories that were not safe for humans or the environment. Water was in short supply. In some ways I felt like we were in the desert being tested much as Jesus had been in the wilderness.

Our first Sunday in mass we were invited to physically turn our backs to the altar to remind ourselves that we had turned from God's will for shalom for all the world. It was a significant gesture that continues to have an effect on me every time I walk by the Lord's Table.

By the time you read this, the Christian church will be ready to enter Holy Week, which includes Maundy Thursday and Good Friday. These days highlight our fickle human nature with the commandment to "love one another as I have loved you" and then the betrayal of that way by the words "crucify him."

What we do know, by faith and action, is that God's way of service and love for all peoples and creation brings about shalom that is God's desire for the world. Jesus' death was not the last word. In fact, God's word for Jesus and for all of us is resurrection and new life. We would think that the world's ways

would do us in, or that our actions are unforgiveable, but God's Spirit working in us, as it did in Jesus, ensures that new life is possible. This new life, as we read about Jesus' new life, is not the same as it was before death. Jesus changed. We are changed in our lives and in our Christian service and love. God's love is stronger than death. Christians are Easter People! Look around you and see not only the physical signs of new life and a new season, but look within your heart and know that God's power of resurrection is ready to burst forth in your life in new expressions, new life in service to God and all creation.

Easter is described as the first Sunday after the first full moon, on or after the Spring Equinox. That means that Easter day changes from year to year. It may occur as early as it does this year in late March or much later in April. We mark our own celebrations of Easter, sometimes with new clothing like a hat, or a special meal celebration with family and friends.

In the Christian church, we celebrate Easter to mark Jesus' resurrection from the dead. In terms of the world, it was the pain, anger, violence, injustice and domination of power and politics that brought on Jesus' death. We continue to carry these aspects in our own lives, yet we know that with God's help we can rise above them to new life. One might ask the question: "What in my life needs to die, and what needs to find new life?" How will you mark the celebration of Easter 2016?

We continue to be surprised by resurrection and the establishment of Christ's community

marked by God's love, a community of newly-created people. You are invited to join God's Easter people in the following scheduled events of this Holy Season.

Your participation will make this season even more meaningful!

- March 20: 10:30 a.m. Palm Sunday Parade, including Communion, followed by Palm Sunday Brunch (UCW New Horizons Unit)
- March 20: 7:00 p.m. "Servant at the Last Supper" monologue presentation by Eleanor Glenn, presented by the UCW Friendship Unit.
- March 24: 6.30 p.m. Maundy Thursday worship beginning with potluck meal
- March 25: 10:30 a.m. Good Friday worship at Trinity, with our guests from Westminster Presbyterian Church  
Noon: Walk the Cross, gathering at St. Francis de Sales Roman Catholic Church
- March 27: 10.30 a.m. EASTER celebration worship with Hallelujahs!

#### **UPDATE FROM THE TRANSITION TEAM**

Trinity's Period of Interim Ministry officially began October 1, 2015 and is currently scheduled to conclude September 30, 2016.

With Rev. Arlyce's leadership the Transition Team has held three events:

- "A Congregational Day of Discovery for all ages – Who are we as a Congregation?"
- "Letting Go & New Beginnings"
- A Day of Discovery – Who Are Our Neighbors?"

The Transition Team is working on compiling reports from these events to help us determine our "Living Mission".

Rev. Arlyce continues to work toward accomplishing her goals as our transitional minister, which is to:

- join and analyze the system at Trinity United Church;
- renew links between the charge and the denomination;
- discern leadership;
- establish priorities;
- evaluate and adjust goals; and help us prepare for our call of a new minister.

### **Next Steps**

The following is a list of the next activities in our Journey through this Period of Intentional Ministry:

- Seek Volunteers to draft a “Living Mission Statement” for Trinity;
- Conduct a Progress Review of our Interim Ministry Period
- Review the Transition Team’s long-term schedule, including times of evaluation and target date for completing the period of Interim Ministry. We want to ensure that the Period of Interim Ministry is not rushed and, if need be, consider looking at a possible extension as set out at the beginning.

## **Trinity United Church Smiths Falls Intentional Interim Ministry Preliminary Goals**

### **Over-arching Goal**

The over-arching goal of The Intentional Interim Ministry Period is to revitalize Trinity’s mission after a long pastorate.

### **Preliminary Interim Goals**

- Review our history, consider the present, and define a vision for the future;  
Develop a shared “living mission” where a sense of belonging and caring is felt by all C

### **Preliminary Interim Goals**

- Review our history, consider the present, and define a vision for the future;
- Develop a shared “living mission” where a sense of belonging and caring is felt by all who enter the church, that inspires commitment, enthusiasm, stewardship, provides direction and focus for Trinity’s programs, activities and celebrations;
- Identify and address structures, functions, programs and relationships that may need to be developed and/or altered to support the vision and facilitate our emerging “living mission”;
- Assist in gathering information that will be utilized by the Joint Needs Assessment Committee for the purpose of seeking new Ministerial Personnel and Congregational Growth; and  
Project and match our future Ministry Personnel requirements and financial potential.

### **Behind the Scene- Many to Thank**

There are so many people supporting this Period of Interim Ministry: members of the transition team Bill Dickson, Al McFadden, Heidi Peskett, Walter Edwards, Norma Wrightly, and Presbytery Representatives Rev Micheline Montreuil and Cheryl Bird; the spouses of the team members; the UCW; Spiritual Leadership; Christian Community; Stewardship, Presbytery Reps; and church staff Gwenda Kinch. Many Thanks to you all!

We appreciate your support and trust in moving forward with this Period of Intentional Interim Ministry

Submitted by: Bob Swan and Diane Bennett, Co-chairs, Trinity Transition

## CHURCH COUNCIL REPORT

Your Council met in January to review and recommend the 2016 Budget to the congregation at the Annual Congregational Meeting. Rev. Arlyce continues to remind Council and the congregation that our mission is the driver of our budget. As there is only so much money available to meet the expenses, it becomes an act of faith to set a goal with a budget to reflect it. We are all called to participate in the exploration of our mission in the workshops being held by the Transition Team this year. This is an exciting time for Trinity and we are challenged to emerge from the past and embrace a new future.

The Council Chair position has passed into the hands of Mr. Laurie Duncan. We look forward to his leadership. Council welcomes the new Chair of Stewardship, June Pevere and extend to her our support.

In 2016 the Council is embarking on a project to review and revise the Policies and Procedures Manual.

Council will continue to oversee the business of Trinity while your Transition Team work with Rev. Arlyce and the congregation in providing opportunities to develop, refine and shape our mission and goals in this transitional year.

Easter blessings,

Jan Montgomery  
Past Chair of Council

## Introducing Laurie Duncan, New Council Chair

Born in Iroquois in 1943, I moved to Hopetown at the age of 4 and went to school there throughout the elementary years, where I then graduated and attended the Perth High



School, but quickly moved to a career in Trades as an auto mechanic. I married Joyce McInnes in Hopetown in 1967, where we went to the Hopetown United Church

a church I had attended since we moved to town as a young boy. We have two children; a daughter, Shari-Leigh, and a son, Shannon, who have since provided us with three beautiful grandchildren, Shae-Lynn, Jadyne and Rylan.

I was elected to North Elmsley council and served for 25 years respectively as a Councillor, Deputy Reeve, Reeve, and eventually Warden of Lanark County in 1993. I was on the Lanark County Children's Aid Society Committee for 10 years and was President for 4 years during this term. I am proud to say that the Queen Elizabeth II Diamond Jubilee Medal was presented to me in 2013 for my many years of service in and around the community.

My years of employment have always been, and continue to be, in the auto service industry. I worked as a mechanic for a number of years at Town and Country Chrysler,

advancing to Service Manager, where I enjoyed that role for 25 years before moving to Perth Chrysler as Service Manager for an additional 9 years. I am currently holding the same position at Perth Autobody, where I continue to serve the folks of Lanark County and surrounding area.

I joined the Church Council as its vice-chair in 2014

### **NOTE FROM STEWARDSHIP TEAM**

The last few months have been a period of change.

John Joynt retired as chairman Oct. 31, 2015. Fred Haughton resumed chairmanship until the annual meeting at which time June Pevere became our new chairperson.

Very little to report at this time; however, watch for news from Stewardship soon as June leads us into an exciting new venture.

Respectfully submitted  
John Joynt

### **INTRODUCING JUNE PEVERE – NEW CHAIR OF STEWARDSHIP TEAM**



My husband Jim and I are members of Trinity United Church. Jim was baptized at Trinity – quite a while ago, and we were married at Trinity by Gervis Black.

We have 3 children: 2 girls and 1 boy, all married, but none in this area. Our son was baptized here and all three were confirmed at this church. One was married by Peter Woods.

I have been in the choir for almost 3 years now. I was a start-up member of Victoria's Quilts in Bolingbroke.

We are life members of The Kinsmen and Kinette Service Clubs. I also belong to the Friendship Unit and help with events during the year: weddings, funerals, bazaars and other events. Jim is a member of the Kinsmen Club and Legion also, he helps with meat pies and apple pies. He also belongs to the Mens Breakfast group and the Kids breakfast program. I am just starting something new, chairing the Stewardship Team. It might be quite an adventure.

June Pevere

### **BOARD OF TRUSTEES REPORT**

The Board of Trustees have not held a meeting since December 2015. Our next meeting is scheduled for early May 2015. So, in case you missed it, I thought I would provide the narrative portion of the 2015 Board of Trustees Annual Report to bring you up to date.

So here it is....

The Board of Trustees wish to thank all those who contributed to keeping Trinity in tip top shape during the past year. As I said last year and it bears repeating, we have a beautiful

church and that has only come about because of the on-going great work and support of so many dedicated people both through their talents, time and financial support.

### **Financial Report**

The Board of Trustees Financial Report was presented in the Financial Review Section of the Annual Report. If you would like to obtain a copy of the Financial Report, please contact the church secretary Gwenda Kinch.

### **Investing Funds in Trust**

In late 2014, we engaged BMO-Nesbitt Burns (The Graham-Dixon Group) in Perth to provide professional advice and investment portfolio management to assist in executing our investment responsibilities. Engaging a stock brokerage firm provides increased investment flexibility and selecting the Perth office provides easy and personal contact with the advisers we have engaged. The investment strategy is to help rebuild our Funds in Trust and to provide annual income for the use of the Church, while protecting our principle investment. Our investment strategy was reviewed in December 2015. It was recommended and we agreed that this is not the time to alter our investment portfolio which is made up of GICs, a Bond Fund, an Equity Fund and a Dividend Fund. A statement regarding Trinity's Investment Accounts can be found in the Trustees Financial Report.

### **Legacy (Planned) Giving**

We are very grateful for two financial gifts that have been made to Trinity during the past year, totalling \$7,000.00.

Notwithstanding, there continues to be a need to rebuild Trinity's "**Funds in Trust**" to the level held prior to the major church renovations., which were completed in 2011. To this end, Trustees refreshed the Planned Giving Program in 2014, which is known as the Legacy Giving Program. Council endorsed the program and copies of this gifting opportunity are available in draft form in the sanctuary. The "nut & bolts" of the program were presented to Council and it is anticipated that the document will be approved in early spring 2016.

### **Board of Trustee Membership 2016**

All current members of the Board of Trustee; Stewart Graham, Muriel Dillabough, David Johnston, Bill Dickson and Stephen Blair and me have agreed to serve for another year (2016). While the economic picture of the world (along with many other things) was not very positive we are hopeful for a better year in 2016 and beyond.

On behalf of the Board of Trustees I pass on our best wishes to all.

Respectfully Submitted

Robert D. Swan  
Chairman  
Board of Trustees



### **TREASURER'S COMMENTS**

Thanks to our dedicated congregation, your support of fund raising projects and the generous contribution of the United Church Women and others, we were able to end

2015 with a small balance in the General Fund. We must also acknowledge the careful oversight of expenses by the various Church Council Teams. With deteriorating economic conditions, it becomes increasingly difficult to maintain programs in such an active church.

Now we approach this new year with a budget that has been carefully homed to current conditions. I am confident that once again we will achieve our goals. In 2015 we did not make the budget, but with careful oversight of expenses, we did manage with our modest surplus. If we are to do the same this year, it will require your commitment as well as support of fund raising activities, including the gift card sales. I invite your ideas for new fund raising initiatives.

This will be an exciting and somewhat challenging year as we look forward to many changes including the possible calling of a new minister. We can build on our past achievements and respond to current conditions as we continue and expand on the faith community of Trinity and its outreach into the community. Together we can make it happen!

Arnel W. Pattemore, Treasurer

### UCW REPORT

**"May the blessings of this Easter season be yours"**

UCW held our annual meeting Jan. 20 and approved a budget of \$10,730.00. Once again we would like to thank everyone who supports us in our fundraising events to meet our budget.

Our Presbyterian AGM this year is April 6 in Athens. This is a great time to meet new friends and learn how other UCW's in Four Rivers Presbytery operate.

We continue to promote recycling and are encouraged by the number of groups who use our facilities and assist us by being careful in sorting items for the proper box.

On Feb. 7, the Friendship Unit hosted a Chili luncheon which was well attended and enjoyed by all.

The Fun and Fellowship afternoon hosted by the New Horizon Unit on Feb. 17 had to be cancelled due to stormy weather. The new date will be Tuesday, April 12. See you there.

Other upcoming events at Trinity are:

- March 19 (Sat.) 8:00 am– 12:00 pm  
New to You Sale (Friendship Unit)
- April 24 (Sun.) 5:00 PM Ham and Bean Supper (UCW) Proceeds Trinity General Fund.
- Holy Week events listed under Rev. Arlyce's message, page 3

Plan to attend these events. Meet new people and enjoy great fellowship.

Submitted by

Marguerite Cameron  
President





## SPIRITUAL LEADERSHIP

The Spiritual Leadership team, coordinating with Rev. Arlyce, continues to look after the wellbeing of the Trinity flock. I would like to repeat my "Thank You" message from the Annual Report as it is important to me to thank my team.

The Spiritual Leadership team is a group of individuals who are passionate about the team's mandate to make decisions that reflect the best practices and interests of the entire congregation. We engage in lively discussion, even debate, to work through and effect changes that reflect Trinity United as a vital and relevant community for both attendees and the wider population of the town. We continue to discuss ways to use the sanctuary and the new sound/visual equipment to inspire reverence during worship and allow for flexibility for recording and for all other events such as concerts and the children's pageants. We want to be as welcoming as possible to anyone coming through the door. An ad hoc group is investigating to provide suggestions about changes to help maintain Trinity's mission statement\*\*\*.

A huge thank you to Norma Wrightly, Ron Botham, Lynda Daniluk, Susan Newport, John Wanless, Heather Quinn and Barb Ellis for your dedication and for always making me look good!

Shelley Ducet,  
Chair, Spiritual Leadership

\*\*\*"Trinity United Church is a Christian Community that celebrates and loves God. By seeking justice, peace and prosperity for all, we serve God, our members, our community and beyond"

## CHRISTIAN COMMUNITY TEAM

Rewarding hospitality, after church services, in the lower level continues to be well received. What a great way to connect with members of our congregation! The schedule for providing this fellowship is posted on the bulletin board in the foyer. In the coming months, we will be looking for some help for this social time. If you are interested, please let us know by signing your name on the chart and the date in which you would like to help. Thanking you.

The telephone tree directory has been completed for 2016. In the event that the church must be closed for inclement weather, etc. everyone will receive a phone message.

Another successful "Wellness Day" was held on February 6, 2016. This day included: hand massages, foot massages, reiki and meditative prayer while walking the labyrinth. This was a relaxing afternoon to pamper yourself.

Many thanks to those who contributed the necessary funds to rebuild Trinity's Website. Chris Woods will begin the process in March. If you have some skills/ideas for maintaining our web, please contact Diane Bennett ([bennettdiane135@gmail.com](mailto:bennettdiane135@gmail.com)) What an easy way to tell us and the community about the wonderful events that are happening at Trinity United Church.

You are invited to join us at Trinity's Church Services on the first Tuesday of each month in our retirement/nursing centres. The residents are always delighted to have company.

- Willowdale Retirement Centre 1:00 p.m.
- Vaan Horne Manor 2:00 p.m.
- Broadview Nursing Centre 3:00 p.m.

Cynthia Sirette

## NOMINATING TEAM

Thank you to all who are continuing your service to Trinity this year and to those who are new to the Teams and Task groups. As is customary, the congregation elected the new Council as set out in the Annual Report. However many others serve on the Task groups within the Teams of whom the congregation may not be aware. The Nominating Team takes this opportunity to expand the communication to the congregation and anyone new to Trinity by preparing a chart setting out the contact particulars of those on the Teams and on their Task groups. A leaflet will be available for anyone wishing a copy as well as a public display.

Respectfully submitted,  
Jan Montgomery and Marguerite Cameron

### CHURCH COUNCIL 2016

**Rev. Arlyce Schiebout** – Minister  
**Laurie Duncan** – Chairperson  
**Jan Montgomery** – Past Chairperson  
**Arnel Pattemore** – Treasurer  
**Gwenda Kinch** – Secretary  
**Bob Swan** – Board of Trustee, Chair  
**Cynthia Sirett** – Christian Community Team Chairperson  
**Heather Morrison** – Ministry and Personnel Team Chairperson  
**Shelley Doucet** – Spiritual Leadership Team Chairperson  
**June Pevere** – Stewardship Team Chairperson  
**John (Bud) Fawcett** – Lay Representative to Presbytery  
**Marguerite Cameron** – United Church Women Representative

## HELLO! MY NAME IS JACQUI BOWICK.

Hello! My name is Jacqui and I feel very privileged that you have taken the time to join me on my journey with Pulmonary Fibrosis.

My journey began in 2010. I was supposed to have surgery on my sinuses and the anesthesiologist was checking me over to make sure I was fit for surgery and noticed a few things. She questioned me about each of the issues. My fingernails were spoon shaped and there were red raised areas above the cuticles on my fingers. She listened to my lungs and felt I should see an internal specialist and made an appointment for me. I was examined by the internal specialist and deemed fit for the surgery, but she felt more follow up was needed.

Pulmonary Fibrosis is not a well-known or understood disease. Over the next few months, the doctors did the best they could to diagnosis my issue, but I was misdiagnosed 2 times and treatment was given for each diagnosis. This was an especially challenging time for me...we had lost my father (stepfather, but to me he was my Dad) to lung cancer and so many things were rushing through my mind. I struggled with each medical treatment I was given for each diagnosis.

I was then sent to see Dr. Richard Hodder. He was an excellent pulmonologist (respirologist) who was very kind and understanding. I had done some preliminary tests and then it was my turn to see him. I remember the overwhelming feelings of relief I felt, thinking I was finally going to get a diagnosis and hopefully some treatment. The nurse called my name and I went and sat in his office. He

sat across from me and told me I had pulmonary fibrosis. I remember thinking..... what is that?

He then went on to explain the lung tissue becomes scarred and over time, as the scarring becomes thicker and more widespread, the lungs lose their ability to transfer oxygen into the bloodstream. As a result, patients become short of breath and the brain and vital organs are deprived of the oxygen necessary for survival. The only treatment is a lung transplant. At that moment I went on autopilot. I nodded my head in agreement like I understood. He asked me if I had any questions. I shook my head. I was still trying to get my head around the words.... pulmonary fibrosis and lung transplant.

I thanked him and he said he would see me in 3 months. He also said if anything goes wrong, you call me right away. I nodded in agreement. I raced for my car and when I finally got in and sat down. I was overwhelmed by feelings of shock and everyone's friend at one time or another denial. I sat in the driver's seat for a long time with my seat belt on, hands on the steering wheel tapping it with my thumb. Trying somehow to make sense of all this. I kept thinking "this cannot be right" and then the words "lung transplant" kept racing into my thoughts. Fighting hard to hold the tears back...I just wanted to turn the car stereo up as loud as it would go and speed off. I knew speeding was not an option, but turning up the car stereo was....so I did and drove home.

In the months that followed, Dr Richard Hodder passed away. I was heartbroken. He was a great doctor who had treated my father

and then me.

I am looking forward to the writing the next blog. Cheers and have a great week

From Canadian Lung Association Blog,  
Posted on January 10, 2014 by Jacqui Bowick



**Jacqui Bowick-Sandor is seen at IPF awareness day at Queen's Park.**

Jacqui and husband Bruce Sandor are both members of Trinity.

She had a double lung transplant on the first weekend of March. 20 hours after the surgery, she was able to breath on her own for a very short time, but still sedated and using a breathing tube. Thanks to her new lungs, she no longer has Idiopathic Pulmonary Fibrosis and oxygen can make it through her body.

While waiting for a transplant Jacqui lobbied Queen's Park for research funding , and became a champion for organ donation.



# TRINITY UNITED CHURCH

*Smiths Falls, Ontario, Canada*

## ***Trinity's Office Hours***

*Please take note of Trinity's office hours.  
They are as follows:*

***Monday thru Thursday  
9:00am to 12:00noon.***

## **MINISTRY TEAM**

**Mmbers and Adherents of Trinity  
The Rev. Arlyce Schiebout  
Mr. John Wanless, Music Director  
Ms Gwenda Kinch, Office Admin.**

**emails:**

**[minister@trinityunitedsf.ca](mailto:minister@trinityunitedsf.ca)  
[secretary@trinityunited.ca](mailto:secretary@trinityunited.ca)**



